

Benefits Overview

TPS MEDICAL HOLDINGS
2024

Summary of Medical Benefits

MEC Plan Basic

	In-Network	Out-of-Network
Deductible Employee only Family	N/a N/a	N/a N/a
Out-of-Pocket Maximum Employee only Family	N/a N/a	N/a N/a
Preventive Care	100% Covered	No Coverage
Teladoc Services General Consultations Dermatology Mental Health - Therapist Mental Health - Psychiatrist, initial evaluation Mental Health - Psychiatrist, ongoing session	100% Covered \$85 Copay \$90 Copay \$220 Copay \$100 Copay	
Office Visits Primary Services Specialist Services Chiropractic Services	No Coverage No Coverage No Coverage	
Urgent Care Services	No Coverage	
Emergency Services Emergency Room Emergency Medical Transportation	No Coverage No Coverage	
Hospital Services Inpatient Care Outpatient Surgery	No Coverage No Coverage	
Labs & Scans Office Visit Lab Outpatient Lab Outpatient X-Ray Outpatient Major Diagnostic	No Coverage No Coverage No Coverage No Coverage	
Mental Health/Chemical Dependency Inpatient Outpatient	No Coverage No Coverage	

Summary of Pharmacy Benefits

	Retail 30 Day Supply	Mail Order 90 Day Supply
Prescription Drug Coverage Preventive Non-Preventive Generic Non-Preventive Preferred brand Non-Preventive Non-preferred brand Non-Preventive Specialty	100% Covered No Coverage No Coverage No Coverage No Coverage	100% Covered No Coverage No Coverage No Coverage No Coverage

Employee Cost Per Pay

Employee	\$21.69
Employee + Spouse	\$32.18
Employee + Child(ren)	\$28.84
Family	\$38.87

Summary of Medical Benefits

MEC Plan Plus

	In-Network	Out-of-Network
Deductible Employee only Family	N/a N/a	N/a N/a
Out-of-Pocket Maximum Employee only Family	N/a N/a	N/a N/a
Preventive Care	100% Covered	No Coverage
Teladoc Services General Consultations Dermatology Mental Health - Therapist Mental Health - Psychiatrist, initial evaluation Mental Health - Psychiatrist, ongoing session	100% Covered \$85 Copay \$90 Copay \$220 Copay \$100 Copay	
Office Visits Primary Services Specialist Services Chiropractic Services	\$25 Copay \$50 Copay No Coverage	No Coverage No Coverage No Coverage
Urgent Care Services	\$75 Copay	No Coverage
Emergency Services Emergency Room Emergency Medical Transportation	No Coverage No Coverage	No Coverage No Coverage
Hospital Services Inpatient Care Outpatient Surgery	No Coverage No Coverage	No Coverage No Coverage
Labs & Scans Office Visit Lab Outpatient Lab Outpatient X-Ray Outpatient Major Diagnostic	100% Covered \$50 Copay \$100 Copay No Coverage	No Coverage No Coverage No Coverage No Coverage
Mental Health/Chemical Dependency Inpatient Outpatient	No Coverage \$50 Copay	No Coverage No Coverage

Summary of Pharmacy Benefits

	Retail 30 Day Supply	Mail Order 90 Day Supply
Prescription Drug Coverage Preventive Non-Preventive Generic Non-Preventive Preferred brand Non-Preventive Non-preferred brand Non-Preventive Specialty	100% Covered \$10 Copay No Coverage No Coverage No Coverage	100% Covered No Coverage No Coverage No Coverage No Coverage

Employee Cost Per Pay

Employee	\$39.69
Employee + Spouse	\$71.99
Employee + Child(ren)	\$65.53
Family	\$104.29

Summary of Medical Benefits

MEC Plan Enhanced

	In-Network	Out-of-Network
Deductible Employee only Family	N/a N/a	N/a N/a
Out-of-Pocket Maximum Employee only Family	N/a N/a	N/a N/a
Preventive Care	100% Covered	No Coverage
Teladoc Services General Consultations Dermatology Mental Health - Therapist Mental Health - Psychiatrist, initial evaluation Mental Health - Psychiatrist, ongoing session	100% Covered \$85 Copay \$90 Copay \$220 Copay \$100 Copay	
Office Visits Primary Services Specialist Services Chiropractic Services	\$25 Copay \$50 Copay No Coverage	No Coverage No Coverage No Coverage
Urgent Care Services	\$75 Copay	No Coverage
Emergency Services Emergency Room Emergency Medical Transportation	\$500 Copay No Coverage	No Coverage No Coverage
Hospital Services Inpatient Care Outpatient Surgery	\$1,000 benefit per day \$1,000 benefit	No Coverage No Coverage
Labs & Scans Office Visit Lab Outpatient Lab Outpatient X-Ray Outpatient Major Diagnostic	100% Covered \$50 Copay \$100 Copay \$500 Copay	No Coverage No Coverage No Coverage No Coverage
Mental Health/Chemical Dependency Inpatient Outpatient	No Coverage \$50 Copay	No Coverage No Coverage

Summary of Pharmacy Benefits

	Retail 30 Day Supply	Mail Order 90 Day Supply
Prescription Drug Coverage Preventive Non-Preventive Generic Non-Preventive Preferred brand Non-Preventive Non-preferred brand Non-Preventive Specialty	100% Covered \$10 Copay No Coverage No Coverage No Coverage	100% Covered No Coverage No Coverage No Coverage No Coverage

Employee Cost Per Pay

Employee	\$67.38
Employee + Spouse	\$127.38
Employee + Child(ren)	\$115.38
Family	\$187.37



Preventive services

Your health plan covers preventive services at no charge to you. These include routine healthcare screenings and check-ups. Some examples are listed, but please see the link below for a full list of preventive services:

www.healthcare.gov/preventive-care-benefits

Preventive services for adults

- Screenings for blood pressure, cholesterol, depression, diabetes, Hepatitis B and C, Lung cancer
- Counseling for alcohol misuse, STD prevention, tobacco cessation
- Immunizations for Hepatitis A and B, Herpes Zoster, HPV, Influenza, Measles, Meningococcal, Mumps

Preventive services for women

- Screenings for anemia, breast cancer, cervical cancer, chlamydia, gestational diabetes, Osteoporosis
- Folic acid supplements for women who may become pregnant
- Contraception and sterilization procedures

Preventive services for children

- Screenings for blood pressure, depression, hearing, Hepatitis B, HIV, obesity, vision
- Immunizations for Hepatitis A and B, Human Papillomavirus, Influenza, Measles, Rotavirus, Tetanus
- Assessments for alcohol and drug use, behavior, height, weight, body mass and oral health



Medical ID cards

If you are new to the HealthEZ plan, keep an eye out for your medical ID card. Once you receive that, you can setup your myHealthEZ account.

If you are a current HealthEZ member, please note that you will be receiving a new medical ID card after open enrollment has closed.

If you need a replacement card, log into to your myHealthEZ account and request a new card be printed and mailed, or download a digital copy directly to your device!

Dependents over the age of 19 can create their own myHealthEZ account to manage their plan and request a replacement ID card or download their ID card directly to their own devices.



Your medical network is America's PPO for members in MN, WI, ND and SD.

America's PPO®

Your medical network is PHCS for members in all other states.



What is a medical network?

Your medical network is a group of healthcare providers. These healthcare providers offer services at a lower rate than out-of-network providers, which you will see reflected on your statements as a discount.

Please visit HealthEZMECPlans.com, and click "Find a Doctor"

Your Pharmacy Benefit Manager is MagellanRx.



What is a Pharmacy Benefit Manager?

Pharmacy Benefit Managers (PBMs) reduce prescription drug costs and improve convenience and safety for consumers. Your PBM administers your prescription drug plan and offers a network of pharmacies that offer more affordable medications.

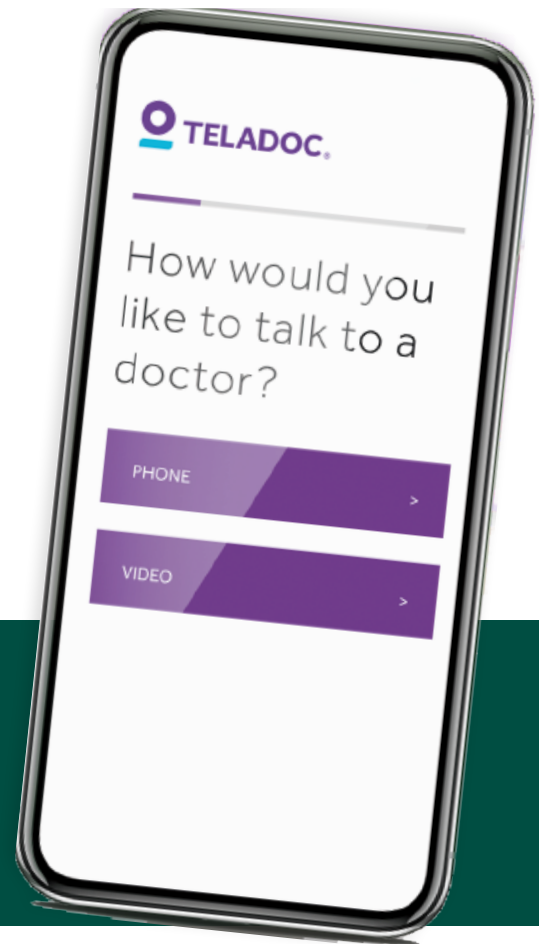


You've got Teladoc virtual health!

All members have access to virtual health appointments with a licensed physician through Teladoc telemedicine services. This benefit can save you a trip to the clinic. There's no need for waiting rooms or travel or taking time off from work. Simply use your computer or smartphone to connect with your doctor.

Visit [Teladoc.com](https://www.teladoc.com) or call 1-800-Teladoc to contact a doctor.

Talk to a doctor anytime, anywhere.



General consultations

General consultations are unlimited, and doctors are available every day and at all times (24/7/365). Doctors can consult, diagnose and prescribe medications for things like:

- Allergies
- Upper respiratory infections
- Earaches
- Pink eye
- Urinary tract infections

Mental health services

With Teladoc's mental health services, you can talk to a therapist from the privacy of your home or anywhere you feel comfortable. Simply pick a therapist to speak to and choose a time that is convenient for you.

Teladoc therapists can treat:

- Anxiety
- Depression
- Stress/PTSD
- Panic disorder
- Family & marriage issues

Dermatology care

If you're having problems with your skin, Teladoc Dermatology can help. Instead of waiting weeks to get an appointment at a dermatology clinic, you can get a diagnosis and treatment plan in as quick as two business days.

Teladoc's dermatologists treat a wide variety of skin conditions, including:

- Psoriasis
- Acne
- Moles
- Rosacea